

New Glenridge Kindergarten Snack Policy

Monday thru Thursday send a small afternoon snack in your child's backpack. On Friday we will serve a group snack, sometimes related to a literacy, math or science activity.

Nutritious snack suggestions below include a balance of the four food groups. Please remember our peanut-free policy. If you forget to send a snack, we will provide pretzels.

Vegetables: carrots, celery. Etc.

Animal Crackers

Taco Shells or Chips

Granola Bars

Fruit: banana, grapes, oranges, apples, peaches, plums, pears, etc.

Graham Crackers

Jello

Bagels

Snack Crackers (Ritz crackers, wheat thins, etc.)

Rye Wafers

Saltine Crackers

Melba Toast

Pita Bread

Popcorn

Yogurt

Raisin Bread

Canned Fruit

Cream Cheese

Pudding

Tortilla Roll-Ups

Pretzels

Nutri-Grain Bars

Enriched Breads

Zucchini Bread

Bologna, Ham or Salami

Breakfast Cereals

Trail Mix

Banana Bread

Sunflower Seeds

Muffins

Raisins

Rice Krispie Treats

Cottage Cheese w/Fruit

Fruit Snacks Containing 100% Fruit Juice

