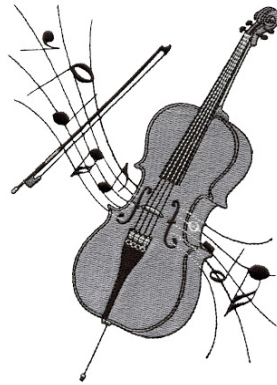


Name \_\_\_\_\_

# 4<sup>th</sup> Grade Strings



## Suzuki Bass

Captain, Glenridge, and Meramec  
Elementary School  
School District of Clayton

### Look at What Songs I Have Passed!

|                                  |                                                                                               |                                                    |
|----------------------------------|-----------------------------------------------------------------------------------------------|----------------------------------------------------|
| Mississippi River<br>(Harmony)   | Down Pony, Up Pony<br>(Harmony)                                                               | Little Frog<br>(Harmony)                           |
| Down Bow and Up Bow<br>(Harmony) | Wish I had a Motorcycle<br>(Harmony)                                                          | Twinkle<br>(Harmony)                               |
| French Folk                      | Lightly Row<br>(meets expectations due by<br>January)                                         | Go Tell Aunt Rhody                                 |
| Children's Song                  | May Song                                                                                      | Allegro                                            |
| Song of the Wind<br>bass only)   | Perpetual<br>(singles and doubles--two<br>stickers)<br><br>(meets expectations due by<br>May) | Allegretto<br>(exceeds expectations due by<br>May) |

## Progress Report to 1st Concert in December

[illegible]

## 100 Days of Practice! \$100 Bach Bucks!

NAME:

DATE:

100 DAY  
PRACTICE CLUB!

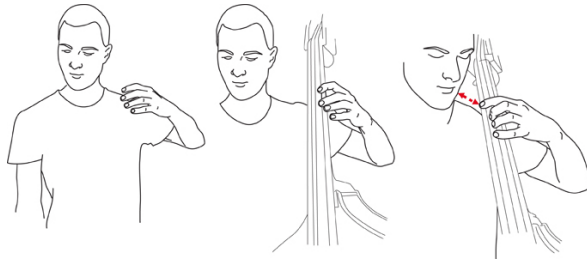


Need help? Go to the website:  
<http://www.claytonschoools.net/domain/560>

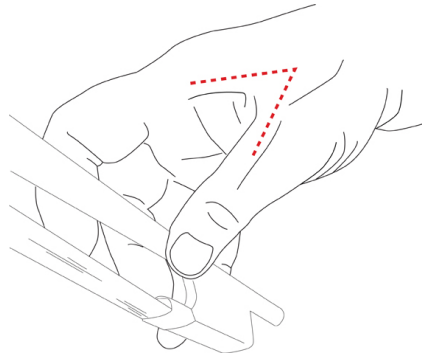
## Position Checklist:



- \_\_\_ Pull endpin out to designated length
- \_\_\_ Stand tall
- \_\_\_ Bass is tilted inside the legs



- \_\_\_ Left elbow is slightly up tall
- \_\_\_ Wrist is relaxed and straight
- \_\_\_ Keep your thumb relaxed behind the neck meeting with your 2nd and 3rd finger
- \_\_\_ Keep your fingers close to the string with playing



- \_\_\_ Make the "C" shape with your hand, fingers spread, wrapped around the bow
- \_\_\_ Practice with a pencil--grip the pencil lightly in your fingertips
- \_\_\_ With your left hand, take the pencil out of your right hand and replace it with the bow
- \_\_\_ Thumb relaxed with fingers wrapped around the bow

# A/E Tune

A/E Tune Introduction!

Violins 1st! (E string 8 times)

Freeze! Introduction!

Violins, Violas, Cellos (A string 8 times)

Freeze! Introduction!

Violins Rest Position!

Violas, Cellos, Bass (D string 8 times)

Freeze! Introduction!

Violas and Cellos Rest Position!

Bass (G string 8 times)

Rest position everyone and take a bow!

\*All songs must be memorized\*

# #1 MISSISSIPPI RIVER

(moving to A and D string!)

OD 1G 4G 1G OG 4D 1D OD

1G OG 4D 1D

1G OG 4D 1D

OD 1G 4G 1G OG 4D 1D OD

## **Practice Tips:**

- Every letter (note) is bowed: MIS-SIS-SIP-PI RI-VER
- Start with the bow at the tape (middle of bow)
- Move the bow DOWN (towards the floor) to start each new letter-note

## **Bornoff Warm Up:**

- Pluck (Pizzicato) C, G, D, A, E (4X, 3X, 2X, 1X)--watch elbow level
- Mississippi River C, G, D, A, E (4X, 3X, 2X, 1X)--tip, middle and lower half bow

## #2 DOWN PONY—UP PONY

OD 1G 4G 1G OG 4D 1D OD

1G OG 4D 1D

1G OG 4D 1D

OD 1G 4G 1G OG 4D 1D OD

### **Practice Tips:**

- Every letter (note) is bowed: DOWN PONY UP PONY
- Start with the bow at the tape (middle of bow)
- Move the bow DOWN (towards the floor) on the word: DOWN
- Move the bow UP (towards the sky) on the word: UP

### **Bornoff Warm Up:**

- Pluck (Pizzicato) C, G, D, A, E (4X, 3X, 2X, 1X)--watch elbow level
- Mississippi River C, G, D, A, E (4X, 3X, 2X, 1X)--tip, middle and lower half bow

# #3 1 FROGGIE--2 FROGGIE (Pineapple Popsicle)

OD 1G 4G 1G OG 4D 1D OD

1G OG 4D 1D

1G OG 4D 1D

OD 1G 4G 1G OG 4D 1D OD

## **Practice Tips:**

- Every letter (note) is bowed: LITTLE FROG LITTLE FROG
- Start with the bow at the tape (middle of bow)
- Move the bow DOWN (towards the floor).
- Counting 1-2-3-4-5-6
- Counting 1-ta-ta 2-ta-ta
- Little Frog twice.

## **Bornoff Warm Up:**

- Pluck (Pizzicato) C, G, D, A, E (4X, 3X, 2X, 1X)--watch elbow level
- Mississippi River C, G, D, A, E (4X, 3X, 2X, 1X)--tip, middle and lower half bow

#4 Popcorn (Shh!) and Candy (Shh!)-UP!  
(Brother and Sister (UP!))

OD 1G 4G 1G OG 4D 1D OD

1G OG 4D 1D

1G OG 4D 1D

OD 1G 4G 1G OG 4D 1D OD

**Practice Tips:**

- Every letter (note) is bowed: DOWN BOW AND UP BOW
- Start with the bow at the tape (middle of bow)
- Move the bow DOWN (towards the floor) on the word: DOWN
- Move the bow UP (towards the sky) on the word: UP

**Bornoff Warm Up:**

- Pluck (Pizzicato) C, G, D, A, E (4X, 3X, 2X, 1X)--watch elbow level
- Mississippi River C, G, D, A, E (4X, 3X, 2X, 1X)--tip, middle and lower half bow

# #5 WISH I HAD A MOTORCYCLE

OD 1G 4G 1G OG 4D 1D OD

1G OG 4D 1D

1G OG 4D 1D

OD 1G 4G 1G OG 4D 1D OD

## **Practice Tips:**

- Every letter (note) is bowed: WISH I HAD A MOTORCYCLE
- Start with the bow at the tape (middle of bow)
- Right angle in bow arm--fast motion
- Counting 1-ta-ta-ta 2-ta-ta-ta

## **Bornoff Warm Up:**

- Pluck (Pizzicato) C, G, D, A, E (4X, 3X, 2X, 1X)--watch elbow level
- Mississippi River C, G, D, A, E (4X, 3X, 2X, 1X)--tip, middle and lower half bow

# #6 TWINKLE

Π   v   Π   v   Π cont....

OD OD 1G 1G 4G 4G 1G OG OG 4D 4D 1D 1D 0D  
|| - HOLD FOR 2 COUNTS ||

1G 1G OG OG 4D 4D 1D  
||

1G 1G OG OG 4D 4D 1D  
||

OD OD 1G 1G 4G 4G 1G OG OG 4D 4D 1D 1D 0D  
|| - HOLD FOR 2 COUNTS ||

## Practice Tips:

- (Π) Is the symbol for down bow (pull to the ground)
- (v) Is the symbol for up bow (push to the sky)
- (||) Two lines under the letter means hold for 2 counts
- Cont. means to continue the bow direction

## Bornoff Warm Up:

- Half Bow C, G, D, A, E (4X, 3X, 2X, 1X)--lower half, upper half, middle bow
- Full Bow C, G, D, A, E (4X, 3X, 2X, 1X)--frog to tip

# #7 FRENCH FOLK SONG

## (optional for bass)

▢ ▽ ▢ ▽ ▢ ▽ ▢ ▽ cont....

0d 0d 0d 4a 4a 4a 1a 4a 0d 0a

||| - hold 3 counts

0g 0g 0g 4d 4d 4d 1d 1d 1d 0d

|||

0d 1d 4d 0d 1d 4d 0d 1d 4d 0g

|||

1d 4d 0g 1d 4d 0g 1d 4d 0g 1a

|||

0d 4a 1a 0a 0g 4d 1d 0d 1d 0d

|||

### Practice Tips:

- (|||) Three lines under the letter means hold the note for 3 counts (slow-long bow)
- Cont. means to continue the bow direction

### Bornoff Warm Up:

- Half Bow C, G, D, A, E (4X, 3X, 2X, 1X)--lower half, upper half, middle bow
- Full Bow C, G, D, A, E (4X, 3X, 2X, 1X)--frog to tip

# #8 LIGHTLY ROW

▯ v ▯ v ▯ v ▯ v cont...

1g 4d 4d 0g 1d 1d 0d 1d 4d 0g 1g 1g 1g  
|| || ||

v

1g 4d 4d 4d 0g 1d 1d 1d 0d 4d 1g 1g 4d 4d 4d  
||

▯

1d 1d 1d 1d 1d 4d 0g  
||

v

4d 4d 4d 4d 4d 0g 1g  
||

▯

1g 4d 4d 4d 0g 1d 1d 1d 0d 4d 1g 1g 4d 4d 4d  
||

## Practice Tips:

- Cont. means to continue the bow direction
- First line is to be played "Hello Dog"
- Second line is to be played "Hello Doggie"
- (||) Means 2 counts
- Passing this song by the first report card equals: **meets expectations**

## Bornoff Warm Up:

- Half Bow C, G, D, A, E (4X, 3X, 2X, 1X)--lower half, upper half, middle bow
- Full Bow C, G, D, A, E (4X, 3X, 2X, 1X)--frog to tip

# #9 GO TELL AUNT RHODY

▯   ▮   ▯   ▮   ▯   ▮   ▯   ▮   cont...  
 4d 4d 1d 0d 0d 1d 1d 4d 1d 0d  
       X    X - quick                      X    X

▯  
 1g 1g 0g 4d 4d 1d 0d 1d 4d 0d  
       X    X                      X    X    X    X    ||

▯  
 4d 4d 0g 1g 1g 4g 4g 1g 0g 4d  
       X    X                                      X    X

▯  
 4d 4d 0g 1g 1g 4g 4g 1g  
       X    X                                      ||

▯  
 4d 4d 1d 0d 0d 1d 1d 4d 1d 0d  
       X    X - quick                                      X    X

▯  
 1g 1g 0g 4d 4d 1d 0d 1d 4d 0d  
       X    X                      X    X    X    X    ||

## Practice Tips:

- (X) Quick bow motion (use less bow-8th note)
- All other notes use more bow to make the sound more connected and resonant (arm motion)

## Bornoff Warm Up:

- Half Bow, Full Bow, Full Bow, Full Bow C, G, D, A, E (4X, 3X, 2X, 1X)
- Full Bow, Half Bow, Full Bow, Full Bow C, G, D, A, E (4X, 3X, 2X, 1X)

# #10 CHILDREN'S SONG

\*\*\*each line starts up bow\*\*\*

v n v n v n v n v n v

1g 1g 4d 1g 1g 4d 1g 0g 1d 1d 4d \*\*Stop, roll (up bow)\*\*  
|| || ||

v n v n v n v n v n v

1g 1g 4d 1g 1g 4d 1g 0g 1d 1d 4d \*\*Stop, roll (up bow)\*\*  
|| || ||

v n v n v n v n v n v

4d 1d 1d 1d 0g 0g 0g 4d 4d 4d 4g \*\*Stop, roll (up bow)\*\*  
|| || ||

v n v n v n v n v n v

4g 1g 1g 1g 0d 1g 4d 0g 1d 1d 0d  
|| || || ||

## Practice Tips:

- The start of every line is up bow
- Freeze your bow at the end of each line to continue up bow
- Remember: Up bow is a bow motion towards the left

## Bornoff Warm Up:

- Full Bow, Half Bow, Full Bow, Full Bow C, G, D, A, E (4X, 3X, 2X, 1X)
- Full Bow, Full Bow, Half Bow, Full Bow C, G, D, A, E (4X, 3X, 2X, 1X)

# #11 May Song

π v π v π v π v cont....

0d 4d 1g 0d 4g 0d 4g 1g 0g 1g 4d 0d 1d 0d

\* x x x || \* x || ||

1g 1g 0g 0g 4d 1g 4d 1d

x x ||

1g 1g 0g 0g 4d 1g 4d 1d

x x ||

0d 4d 1g 0d 4g 0d 4g 1g 0g 1g 4d 0d 1d 0d

\* x x x || \* x || ||

## Practice Tips:

- (\*) Hold for 1 ½ beats \*Sing “Quar-ter Dot” \* or a quick 3 beats! (1-2-3)
- (||) Double line means hold longer (2 beats)
- (X) means quick note (eighth note)

## Bornoff Warm Up:

- Full Bow, Full Bow, Half Bow, Full Bow C, G, D, A, E (4X, 3X, 2X, 1X)
- Full Bow, Full Bow, Full Bow, Half Bow C, G, D, A, E (4X, 3X, 2X, 1X)

# #12 Allegro

**Π v cont...**

0d 0d 0a 0a 1a 4a 0d 1a 0a 0a

. . . . X X X X . .

0g 0g 4d 4d 1d 0d 1d 4d 0d (quick bow lift)

. . . . X X X X ||

**Π v etc**

0d 0d 0a 0a 1a 4a 0d 1a 0a 0a

. . . . X X X X . .

0g 0g 4d 4d 1d 0d 1d 4d 0d (quick bow lift)

. . . . X X X X ||

**Π v cont...**

1a 1a 0a 0d 1a 1a 0a 0d 1a 4a 0d 1a 0a 4d 1d (long bow lift-watch!!)  
(hold!!!)

**Π v cont...**

0d 0d 0a 0a 1a 4a 0d 1a 0a 0a

. . . . X X X X . .

0g 0g 4d 4d 1d 0d 1d 4d 0d (quick bow lift)

. . . . X X X X ||

## **Practice Tips:**

- Lifts always go back to middle bow
- LINE 5 is big, long, connected bows
- At the end of LINE 5-wait, freeze, look at conductor, lift
- (.) Dot means short-stoppy bows
- (X) means quick note (eighth note)

## **Bornoff Warm Up:**

- Spiccato (bounce at the frog) C, G, D, A, E (4 sets of 4, 4 sets of 3, 2, 1)

#13 Long Long Ago

**\*\*Sit Out--Violins Play Only\*\***

#13 Bohemian Folk Song

**\*\*Sit Out--Violas Play Only\*\***

#13 Rigadoon

**\*\*Sit Out--Cellos Play Only\*\***

## #13 Song of the Wind (Bass Only)

π v π v π v π v cont....

0d 1d 4d 0g 1g 1g 1g 1g

4g 0g 0d 4g 1g rest! lift!

|

4g 0g 0d 4g 1g rest! lift!

|

1g 0g 0g 0g 0g 4d 4d 4d 4d 1d 1d 1d

0d 4d 1g lift!

|

1g 0g 0g 0g 0g 4d 4d 4d 4d 1d 1d 1d

0d rest!

|

### **Bornoff Warm Up:**

- Spiccato (bounce at the frog) C, G, D, A, E (4 sets of 4, 4 sets of 3, 2, 1)

# #14 PERPETUAL MOTION

П v cont...

OD 1D 4D 4D 1D 4D OG OG 4D OG 1G 4D OG 1D **1G 1G**

. . . . . cont....

OD 1D 4D 4D 1D 4D OG OG 4D OG 1G 4D OG 1D **OD OD**

OD 4A 1A 1A 4A 1A OA OA 1A OA 2E 2E 1E OE **OA OA**

OD 4A 1A 1A 4A 1A OA OA 1A OA 2E 2E 1E OE **OD OD**

4D OD 1D 1D OG 1D 4D 4D OA 1E 2E OA 1A 4A OD OD

4D OD 1D 1D OG 1D 4D 4D OA 1E 2E OA 1A 4A OD OD

OD 1D 4D 4D 1D 4D OG OG 4D OG 1G 4D OG 1D **1G 1G**

OD 1D 4D 4D 1D 4D OG OG 4D OG 1G 4D OG 1D **OD OD**

## Practice Tips:

- No stops in between all lines, one entire song
- To help memorize, work at two lines at a time
- (.) Dot means short-stoppy bows

## Passed singles...now play doubles!

### Practice Tips for Doubles:

- Vocally say the notes “DD, 11, 33, 33...”
- Play doubles but stop in between each note
- Memorize two lines at a time

### Bornoff Warm Up:

- Slurred Staccato C, G, D, A, E (2 bows, 3 bows, 4, 6, 8..how many can you do?)

# #15 ALLEGRETTO

П v cont...

0D 1D 4D 4D 1A 0G 0G 4G 1G 1G 0G 4D 4D 1G 0G 0G 4D  
x x . x x . x x . x x . x x . x x

1D 1D 0G 4D 4D 1D 0D

. x x . x x .

0D 1D 4D 4D 1A 0G 0G 4G 1G 1G 0G 4D 4D 1G 0G 0G 4D  
x x . x x . x x . x x . x x . x x

1D 4D 1D 0D (long bow lift)

. x x ll

0D 4D 1D 0A 0A 0A 1D 0G 4D 0D 0D 0D

x x . x x . x x . x x .

4D 1G 0G 0G 4G 1G 1G 0D 1G 0G 4D 1D

x x . x x . x x . x x **hold!!!**

0D 1D 4D 4D 1A 0G 0G 4G 1G 1G 0G 4D 4D 1G 0G 0G 4D

x x . x x . x x . x x . x x . x x

1D 4D 1D 0D

. x x ll

## Practice Tips:

- (x x . ) Dot means to stop and wait (bowing is quick, quick, stop)

-Passing this song by the second report card equals: **meets expectations**



You made it!!! Congrats!! Now onto the 5th grade book!!