## What images or themes resonated with you?

peace in nature...mindfulness in the moment...birthright of human beings to use our natural resources responsibly....no parents --> no supervision = self reliance...images of children learning by smelling, touching, hearing and tasting...different textures in nature (natural playground vs. manmade playground)....the more we seek to nurture and protect our kids, the more we are harming them ... the children's comfort with nature, the connections they made....so honored to have the education that the Family Center and the District offers....the ability to de-stress when outside....children learn incredible insight about life from nature and its observations....the self reliance, strength and adaptability that comes from being comfortable in nature....mentor your kids to "turn on all their switches"....the fear of what our children might be exposed to in nature should not be greater than the fear of our children without nature in their lives.... I used to play outside all day until dark... I'd almost forgotten about the forts.... I was always outside as a young child growing up in Michigan....My best memories happened in nature. What will today's children remember?....Wash your hands in the dirt" - powerful!.....The troublemaker becomes the leader in nature.

What hopes, intentions, projects, practices or one-step actions emerge for you?

Going camping soon....Get outside! .... Find my fairy house book ..... Spend more time outside in unstructured activities....Use every day moments to teach.....Encouraging my children to put on their rain boots on not the most beautiful day and explore what nature has - no need to wait for perfect weather ..... Everybody should get a chance to experience nature because you have to have a balance between nature and technology......More of the Family Center outdoor play, more of the outdoors for our kids!.....Want to make a point to go somewhere and just let kids explore - we tend to encourage safe behavior....Geocaching (google it!)....We will take more (healthy) risks!.....Spend more time outside and let them get dirty when they want to.... Taking more time in nature.....A six month sabbatical from work to experience nature....Nature activities lead to positive growth --> pro-social behavior, less aggressive behavior and leadership play....I definitely want to make a stronger effort to get out more and to get children out that might not have the opportunity..... I will make more time and space for my three year old to hold worms and I will get him a pair of mud boots.....Going to get my children out to Forest Park to explore.....Go to my mom's farm more often....Reduced aggression when

students are outside....Dealing with death and the circle of life.....Managing risks in nature.....Allowing students to explore in nature more