

# Who C.A.R.E.S. About Underage Drinking?

Is your child a ....

**C - Change Agent**

Doesn't use / Works to change the social norm around alcohol use / Takes a stand against use with friends / Becomes active in Peers Protecting Peers or NCADA program like TREND

**A - Abuser / User**

“Illegally consumes or intentionally overuses a chemical substance.” (National Council on Alcoholism and Drug Abuse)

**R - Retreater**

Doesn't use/ Withdraws from social settings where there is use/ Socializes with friends one on one/ Changes friends/ Changes schools

**E - Enabler**

Through their actions or inactions, shields the alcohol abuser from experiencing the consequences of his/her use / Carries the burden of their friend's use.

**S - Stays True to their Beliefs**

Has considered or perhaps even experienced the consequences of abuse and made a healthy, positive choice for themselves not to abuse / Chooses not to enable others.