



The Community Alliance for Healthy Kids

presents

A Parent Forum On Adolescent Mental Health

Two national speakers ... one night

Tina Meier from the Megan Meier Foundation will talk about cyberbullying and how it led to the suicide of her 13 year-old daughter, Megan, in 2006. Tina will also be speaking to all WMS students on Feb. 16.

Marian McCord from CHADS Coalition for Mental Health will share the story of her son, Chad, who lost his battle with depression at the age of 18 in 2004.

Hear their stories of hope.

Learn what these courageous women wish all parents knew.

Tuesday, February 16th

7:00 – 8:30 p.m.

**Wydown Middle School Auditorium
6500 Wydown**

- About 20% of teens will suffer from depression at some time before reaching adulthood.
- More 15-19 year olds die from suicide than the top 8 medical causes of death combined.
- It is estimated that 1 in 12 college students have made a suicide plan.
- For every completed suicide by youth, it is estimated that 100-200 attempts are made.
- Did you know that in 2008, 17% of our 8th graders, 8% of our 9th graders and 9% of our 11th graders seriously considered suicide in the past year according to the Youth Risk Behavior Student Survey taken at WMS and CHS?
- This issue will impact your child, family member or friend.
- Do you know the warning signs?
- Do you know where to turn for help?