

Resocialization of Sports at Clayton High School During the COVID-19 Pandemic
Parent Guide

Athletes With Underlying Conditions

Specific conditions in children/teenagers are less clear, however those with underlying conditions may be more likely to have severe COVID-19 illness.

Current Risk Factors

- Severe obesity (Body Mass Index >40)
- Chronic Lung Disease including moderate or severe asthma
- Diabetes
- Chronic kidney disease
- Heart conditions
- Immunocompromised (e.g. any transplant recipient, needing immunosuppressant medications (e.g. steroids, biologics, etc.), patients receiving chemotherapy, etc.)
 - If you think that your child is immunocompromised, please check with your child's healthcare provider.
- Children/Teenagers with risk factors should consider consulting with your healthcare provider about participation since limited data exist and in many cases (well-controlled diabetic or asthmatic) an increased risk is likely not present.

*****If your child has any of the underlying health conditions listed above, and they wish to still participate in any of the optional summer contact training sessions, please make sure you contact Kristin Saunders (CHS Athletic Trainer) prior to the first training session. kristinsaunders@claytonschools.net**

Phases:

Recommended start date is June 15th*. Clayton High School along with many other area districts will start July 1st.

Phase 1: June 15th - June 29th

Phase 2: June 29th - July 12th

Phase 3: Information is forthcoming

Phase 4: Information is forthcoming

To view the entire list of recommendations visit:

<https://www.mercy.net/newsroom/2020-05-19/st--louis-health-care-systems-collaborate-to-offer-guidance-for-/>

*Dates listed above rely on the continued decrease in COVID-19 cases in the region your organization is located. June 15th has been chosen based on the initial reopening date of May 18th, and the expected time for a resurgence of COVID-19 to be observed is 1-3 weeks after reopening. If there is an increase in cases within your region or organization, it is recommended you return back to the previous phase and it is possible you will need to stop sports. Dates are

subject to change per this recommendation at any time based on local health department guidance.