



Christine Eichhorn

P.E./HEALTH TEACHER
WYDOWN MIDDLE SCHOOL

This is my 10th year teaching Physical Education. I have taught PK-12 in both the private and public school setting. I received my Bachelor of Science with an emphasis in Physical and Health Education from the University of Missouri-St. Louis and my Master of Arts degree in Special Education from Webster University. I also am working on completion of my Educational Specialist degree in Educational Technology Leadership from Webster. I have an energetic and adventurous yellow lab named Augie and an equallyadventurous fiance, Jason. The three of us spend as much time outside being active as possible; we enjoy hiking, waterskiing and catching catfish on the mighty Mississippi.

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STAFF PROFILE

This year ...

My goal this year is to get to know my students and give them opportunities to get to know me. I am excited to help them develop a love for being physically active in and out of their P.E. classes.

I am motivated by ...

- 1. Students. The challenges they face motivate me to create an inclusive and cohesive classroom environment.
- 2. Successes in the classroom. I love to see students succeed and feel the empowerment that comes with achieving goals.
- 3. Collaborating with my colleagues. Learning what works for each other and our students gives me the motivation to try many new activities and games in P.E.

A book or movie that inspires me ...

I am inspired by the movie *Rudy*. Rudy's ability to overcome adversity, maintain his resilience and achieve his goals remind me that there is nothing we can't do.

I teach because ...

I want students to develop an understanding that physical activity does not always have to be competitive sports, but any sort of movement that makes an individual feel good.

Three things I wish people knew about me ...

- 1. I love to craft.
- 2. Hove to read.
- 3. There is NOTHING I would rather do than teach P.E. However, if I had to choose, I would teach Health.

Educate. Inspire. Empower.